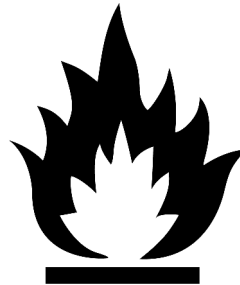




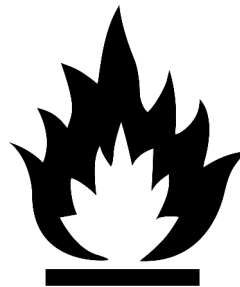
Parent Fuel

Participant's Guide



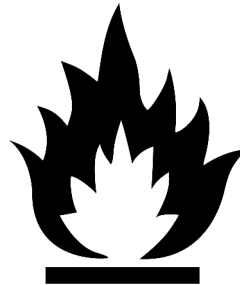


The Parent Fuel Participant's Guide is designed for use during the video sessions. It can be downloaded free and then assembled into a notebook for the purpose of taking notes during the video segments and during the discussions of the videos.





Imperfections





Session 1

Imperfections

Facing Our Imperfections

 What imperfections do I face?



Session 1

Imperfections

Our Kids Reveal Our Imperfections

 How do my kids reveal my
imperfections?



Session 1

Imperfections

Our Parents Can Contribute To Our Imperfections

 How have my parents contributed to my imperfections?



Session 1

Imperfections

Difficult Circumstances Magnify Our Imperfections

 How do my difficult circumstances magnify my imperfections?



Session 1

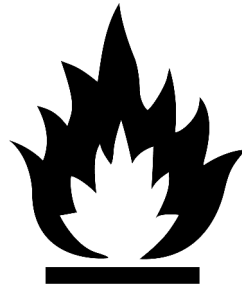
Imperfections

Imperfections – Barry St. Clair

 In spite of my imperfections, how do I fuel the fire in my kids?



Focus





Session 2

Focus

Struggling With Behavior

 What struggles do I have with my kids' behaviors?



Session 2

Focus

Seeing Through Behavior

 What can I do to see through my kids' behaviors?



Session 2

Focus

Finding Focus

 **What focus do I need to find and why?**



Session 2

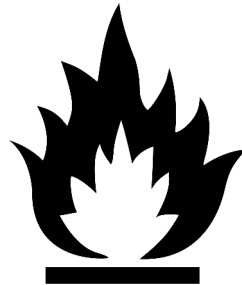
Focus

Focus – Barry St. Clair

 How can I love Jesus more?



Grace





Session 3

Grace

Frustrating Behavior

 How do I deal with my kids' frustrating behaviors?



Session 3

Grace

Reactions To The Rules

 How do my kids react to my rules?



Session 3

Grace

Exercising Grace

 **What struggles have I faced in exercising grace with my kids?**



Session 3

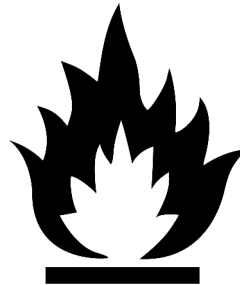
Grace

Grace – Barry St. Clair

 What do I do to shift from rules to grace?



Relationships





Session 4

Relationships

Facing The Effects Of Our Busyness

 How does my busyness affect my relationship with my kids?



Session 4

Relationships

Finding Time

 How do I find time to be with my kids?



Session 4

Relationships

Connecting With Our Kids

 How do I connect in a real relationship with my kids?



Session 4

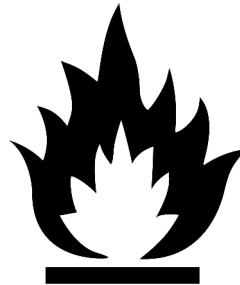
Relationships

Relationships – Barry St. Clair

 How do I actively disciple my kids and their friends?



Discipline





Session 5

Discipline

Stretching The Limits

 How do my kids stretch the limits?



Session 5

Discipline

Reacting To Our Kids' Actions

 How do I react to my kids' actions?



Session 5

Discipline

Setting Boundaries

 What boundaries do I need to set for my kids and why?



Session 5

Discipline

Realizing The Results Of Positive Discipline

 How can I realize the results of positive discipline with my kids?



Session 5

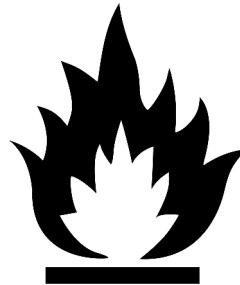
Discipline

Discipline – Barry St. Clair

 **What is the hottest discipline issue and how will I handle it?**



Release





Session 6

Release

Seeing Our Preconceived Expectations

 What preconceived expectations do I have for my kids?



Session 6

Release

Changing Our Perspective

 How do I need to change my perspective about my kids?



Session 6

Release

Pursuing God's Purposes

 How do I help my kids pursue God's purposes?



Session 6

Release

Release – Barry St. Clair

 How do I release my kids to change the world?